

# Ballard Pool Winter Lessons

January 3 to April 1, 2017

**Registration Begins: Tuesday, December 6, 2016 at 12 Noon**

**Online:** [www.seattle.gov/parks](http://www.seattle.gov/parks)  
go to SPARC registration

**In Person:** 1471 NW 67th St.

**By Phone:** 206.684.4094

Class	Session	Days	Times	Dates	#Classes	Cost	Barcode
<b>Parent and Child Aquatics (PACA)</b> Ages 6 mos - 4 yrs	1	Sunday	3:30 - 4 pm	1/8-3/26	11	\$82.50	157636
		Monday	3:30 - 4 pm	1/9-3/27	8*	\$60.00	158558
		Tuesday	11 - 11:30 am	1/3-3/28	11	\$82.50	157619
		Tuesday	6:30 - 7 pm	1/3-3/28	11	\$82.50	157616
		Wednesday	6 - 6:30 pm	1/4-3/29	11	\$82.50	157621
		Thursday	11:30 am - noon	1/5-3/30	11	\$82.50	157634
		Saturday	11:30 am - noon	1/7-4/1	11	\$82.50	157635
<b>3-Year-Olds</b>	1	Sunday	3 - 3:30 pm	1/8-3/26	11	\$143.00	157814
		Sunday	3:30 - 4 pm	1/8-3/26	11	\$143.00	157815
		Sunday	4 - 4:30 pm	1/8-3/26	11	\$143.00	157816
		Monday	10:30 - 11 am	1/9-3/27	8*	\$104.00	157820
		Monday	3:30 - 4 pm	1/9-3/27	8*	\$104.00	158560
		Monday	5:30 - 6 pm	1/9-3/27	8*	\$104.00	157817
		Monday	6 - 6:30 pm	1/9-3/27	8*	\$104.00	157818
		Monday	6:30 - 7 pm	1/9-3/27	8*	\$104.00	157819
		Tuesday	11:30 am - noon	1/3-3/28	11	\$143.00	157790
		Tuesday	2:30 - 3 pm	1/3-3/28	11	\$143.00	157794
		Tuesday	5:30 - 6 pm	1/3-3/28	11	\$143.00	157791
		Tuesday	6 - 6:30 pm	1/3-3/28	11	\$143.00	157792
		Tuesday	6:30 - 7 pm	1/3-3/28	11	\$143.00	157793
		Tuesday	7 - 7:30 pm	1/3-3/28	11	\$143.00	157788
		Wednesday	5 - 5:30 pm	1/4-3/29	11	\$143.00	157797
		Wednesday	5:30 - 6 pm	1/4-3/29	11	\$143.00	157800
		Thursday	10:30 - 11 am	1/5-3/30	11	\$143.00	157802
		Thursday	5:30 - 6 pm	1/5-3/30	11	\$143.00	157803
		Thursday	6 - 6:30 pm	1/5-3/30	11	\$143.00	157801
		Thursday	7 - 7:30 pm	1/5-3/30	11	\$143.00	157806

\*No Lessons Monday, January 16 for Martin Luther King Jr. Day

\*No Lessons Monday, February 20 for President's Day

Class	Session	Days	Times	Dates	#Classes	Cost	Barcode
3-Year-Olds	1	Friday	6:30 - 7 pm	1/6-3/31	11	\$143.00	158560
		Saturday	10 - 10:30 am	1/7-4/1	11	\$143.00	157809
		Saturday	10:30 - 11 am	1/7-4/1	11	\$143.00	157810
		Saturday	11 - 11:30 am	1/7-4/1	11	\$143.00	157811
		Saturday	11:30 am - noon	1/7-4/1	11	\$143.00	157812
		Saturday	noon - 12:30 pm	1/7-4/1	11	\$143.00	157813
Kinders Ages 4 & 5 yrs	1	Sunday	3 - 3:30 pm	1/8-3/26	11	\$99.00	157599
		Sunday	4 - 4:30 pm	1/8-3/26	11	\$99.00	157600
		Monday	1:15 - 1:45 pm	1/9-3/27	8*	\$72.00	157601
		Monday	6:30 - 7 pm	1/9-3/27	8*	\$72.00	157602
		Monday	7 - 7:30 pm	1/9-3/27	8*	\$72.00	157603
		Tuesday	10:30 - 11 am	1/3-3/28	11	\$99.00	157586
		Tuesday	3-3:30 pm	1/3-3/28	11	\$99.00	157584
		Tuesday	7 - 7:30 pm	1/3-3/28	11	\$99.00	157588
		Wednesday	1:15 - 1:45 pm	1/4-3/29	11	\$99.00	157590
		Wednesday	5 - 5:30 pm	1/4-3/29	11	\$99.00	157592
		Thursday	10 - 10:30 am	1/5-3/30	11	\$99.00	157593
		Thursday	1:15 - 1:45 pm	1/5-3/30	11	\$99.00	158556
		Thursday	3 - 3:30 pm	1/5-3/30	11	\$99.00	158557
		Thursday	6:30 - 7 pm	1/5-3/30	11	\$99.00	157595
		Friday	6:30 - 7 pm	1/6-3/31	11	\$99.00	157596
		Saturday	10:30 - 11 am	1/7-4/1	11	\$99.00	157597
		Saturday	noon - 12:30 pm	1/7-4/1	11	\$99.00	157598
	1	T/TH	5:30 - 6 pm	1/3-2/9	12	\$108.00	157605
	2	T/TH	5:30 - 6 pm	2/14-3/30	10	\$90.00	158953
	Kinder Pre-Comp	1	Wednesday	5:00 - 5:30 pm	1/4-3/29	11	\$99.00
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<b>Kinder Pre-Competition</b> swim lessons are for children ages 4 and 5 years old and have advanced swimming skills. This class will have kids swimming crawlstroke across the pool regularly. To register for this class, your child will need a deck supervisor's approval or pass an assessment during public swim hours by a Senior Lifeguard. The assessment will be watching a child swim front crawl stroke for 10 yards and know whip kick. The class is a great learning space for kinders that are ready and eager to learn more.							

Class	Session	Days	Times	Dates	#Classes	Cost	Barcode
<b>Beginning Swimmer</b> Ages 6 – 16 yrs	1	Sunday	2:30 - 3 pm	1/8-3/26	11	\$82.50	157468
		Sunday	4 - 4:30 pm	1/8-3/26	11	\$82.50	157469
		Monday	3-3:30 pm	1/9-3/27	8*	\$60.00	158555
		Monday	6 - 6:30 pm	1/9-3/27	8*	\$60.00	157570
		Monday	7 - 7:30 pm	1/9-3/27	8*	\$60.00	157470
		Tuesday	3:30 - 4 pm	1/3-3/28	11	\$82.50	157417
		Tuesday	5:30 - 6 pm	1/3-3/28	11	\$82.50	157415
		Tuesday	7 - 7:30 pm	1/3-3/28	11	\$82.50	157416
		Wednesday	5:30 - 6 pm	1/4-3/29	11	\$82.50	157418
		Thursday	2:30 - 3 pm	1/5-3/30	11	\$82.50	158554
		Thursday	6:30 - 7 pm	1/5-3/30	11	\$82.50	157419
		Friday	7 - 7:30 pm	1/6-3/31	11	\$82.50	157441
		Saturday	11 - 11:30 am	1/7-4/1	11	\$82.50	157446
		Saturday	noon - 12:30 pm	1/7-4/1	11	\$82.50	157456
	1	T/TH	6-6:30 pm	1/3-2/9	12	\$90.00	157572
	2	T/TH	6 - 6:30 pm	2/14-3/30	10	\$75.00	157574
<b>Advanced Swimmer</b> Ages 6 – 16 yrs	1	Sunday	2:30 - 3 pm	1/8-3/26	11	\$82.50	157394
		Monday	5:30 - 6 pm	1/9-3/27	8*	\$60.00	157395
		Tuesday	6:30 - 7 pm	1/3-3/28	11	\$82.50	157373
		Wednesday	6 - 6:30 pm	1/4-3/29	11	\$82.50	157375
		Thursday	3:30 - 4 pm	1/5-3/30	11	\$82.50	158552
		Thursday	7 - 7:30 pm	1/5-3/30	11	\$82.50	157380
		Friday	7 - 7:30 pm	1/6-3/31	11	\$82.50	157385
		Saturday	10 - 10:30 am	1/7-4/1	11	\$82.50	157387
<b>Pre-Competition</b> Ages 6 – 17 yrs	1	Monday	5:30-6 pm	1/9-3/27	8*	\$60.00	157774
		Monday	7:30 - 8:15 pm	1/9-3/27	8*	\$90.00	157778
		Tuesday	6:30 - 7 pm	1/3-3/28	11	\$82.50	157768
		Wednesday	7:30 - 8:15 pm	1/4-3/29	11	\$123.75	157771
		Thursday	7:30 - 8 :15 pm	1/5-3/30	11	\$123.75	157772
		Saturday	10 - 10:30 am	1/7-4/1	11	\$82.50	157773

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## YOU CAN BE A SUPER HERO TOO!

As part of our ongoing commitment to water safety, Seattle Parks and Recreation—in partnership with Seattle Children's Hospital and supplemented by donations from the community made to the You Can Be A Super Hero Too campaign—is offering scholarships to supplement the cost of swim lessons for youth ages 4 to 16.



Class	Session	Days	Times	Dates	#Classes	Cost	Barcode
<b>Family Swim Lesson</b> Ages 4-10 yrs	1	Sunday	9:45-10:15 am	1/8-3/26	11	\$82.50	158948
<b>Special Populations</b> Ages 6 – 17 yrs	1	Tuesday	6 - 6:30 pm	1/3-3/28	11	\$82.50	157780
		Thursday	6 - 6:30 pm	1/5-3/30	11	\$82.50	157781
<b>Beginning Diving</b> Ages 7 – 17 yrs	1	Sunday	2:30 - 3:30 pm	1/8-3/26	11	\$165.00	157414
		Tuesday	5:30 - 6:15 pm	1/3-3/28	11	\$123.75	157410
		Saturday	10:30 - 11:30 am	1/7-4/1	11	\$123.75	157412
<b>Little Divers</b> Ages 5 – 7 yrs	1	Sunday	3:30-4:00 pm	1/8-3/26	11	\$82.50	157610
<b>Intermediate Diving</b> Ages 7 – 17 yrs	1	Tuesday	6:15-7 pm	1/3-3/28	11	\$123.75	157577
<b>Synchronized Swimming</b> Ages 8 - 17	1	Monday	6 - 6:45 pm	1/9-3/27	8*	\$90.00	157403
<b>Water Polo</b> Ages 8 - 17 yrs	1	Wednesday	5:15 - 6 pm	1/4-3/29	11	\$123.75	157821
<b>Beginning Adult</b> Ages 16 yrs & up	1	Sunday	12:45 - 1:30 pm	1/8-3/26	11	\$123.75	158926
<b>Advanced Beginning Adult</b> Ages 16yrs & up	1	Thursday	7 - 7:30 pm	1/5-3/30	11	\$82.50	158553
<b>Intermediate Adult</b> Ages 16yrs & up	1	Wednesday	8 - 8:30 pm	1/4-3/29	11	\$82.50	157576

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### What is the Family Swim Lesson?

In Seattle Parks and Recreation's efforts to create an environment for all persons to learn to swim, the Family Swim Lesson was created to help Beginning Swimmer level children learn in a fun and relaxed atmosphere. This class is ideal for the child who needs a little extra assistance or is hesitant to join group lessons. The instructor will lead drills, exercises and guided play designed to address fears of the water, promote introductory skills, and basic water safety.

A parent or another adult gets into the water with the child. The adult that gets into the water with the child does not need any swimming experience.

Can you make a donation? To make your donation to the Seattle Parks and Recreation swim lesson scholarship fund, visit any Seattle Parks and Recreation swimming pool, or donate online to [www.arcseattle.org/get-involved/](http://www.arcseattle.org/get-involved/). For more information, call your local pool or 206-684-7185. Be a hero and help every child become a super swimmer!

Do you know a child who needs a scholarship? To learn more about applying, or to receive an income based Scholarship, please contact your neighborhood pool. Funding is limited. Approved scholarships can be used for Kinder lessons (ages 4 to 5), Beginning Swimmer lessons (ages 6 to 16) and Advanced Swimmer lessons (ages 6 to 16).